

Healthcare and Medication Information

The health and safety of our campers is our top priority.

Camp Kawaga's Health Center, known as Crow's Nest, is staffed by a licensed Nurse Practitioner and several Registered Nurses. In addition to our on-site medical team, we maintain 24/7 access to licensed, board-certified physicians. We are located five miles from Howard Young Medical Center and Marshfield Clinic and have established relationships with local specialists when needed.

Our medical team can be reached at nurse@kawaga.com.

General Healthcare

The medical team is available and on call 24 hours a day.

If a camper is not feeling well overnight, a counselor will bring him directly to Crow's Nest for evaluation and care. Non-emergency care is handled during designated daily clinic hours after breakfast, after lunch, and following the evening program.

If outside medical attention is required, we will transport your camper to a local clinic or hospital and notify you accordingly.

We will contact parents directly if a camper experiences:

- An injury requiring more than basic first aid
- An illness requiring more than routine care
- A scheduled clinic or hospital visit

All campers receive routine health check-ins:

- Upon arrival at camp
- After any overnight camping trip
- Prior to departure at the end of the session

If you anticipate your camper needing to see a specialist (e.g., orthodontist) during the summer, please contact nurse@kawaga.com in advance.

Ticks, Mosquitoes, and Harmful Plants

Our staff is trained to reduce exposure to ticks and mosquitoes and to conduct regular tick checks, particularly following wooded activities and overnight trips. Tick inspections are performed by trained staff and camp nurses.

Medication Policy

To comply with state regulations and ensure safe medication management, Camp Kawaga partners exclusively with **CampMeds**, a licensed medication pre-packaging and dispensing service.

All prescription and non-prescription medications must be ordered, packaged, and dispensed through CampMeds.

This includes:

- Daily prescription medications
- As-needed medications
- Over-the-counter medications
- Inhalers
- Supplements and vitamins

There are no exceptions to this policy.

Failure to comply with the CampMeds requirement will result in a \$500 non-compliance fee and may result in our inability to administer medication to your camper.

If you have questions, please contact us before the start of the session at nurse@kawaga.com.

CampMeds Registration – Required Annually

Registration is required each year for every camper.

Register at: www.campmeds.com

2026 Fees:

- Early Registration: \$85 per camper (through May 15)
- Late Registration: \$105 per camper (after May 15)

Registration Deadlines:

- First Session and 8-Week Campers: Due by May 16
- Second Session Campers: Due by June 12

Prescriptions are not required at the time of registration but must be submitted:

- At least 30 days prior to the start of the session to avoid late fees
- No later than 15 days before the session begins

Medications CampMeds Cannot Supply

CampMeds cannot supply the following:

- Auvi-Q
- Insulin
- Growth hormone injections
- Injectable medications
- Birth control
- Accutane
- Seysara
- Temperature-sensitive medications or supplements
- Hiya or other subscription-based supplements

If your camper requires one of the above, you must contact nurse@kawaga.com prior to the start of camp to discuss appropriate procedures.

How Medication Is Handled at Camp

All camper medications are stored securely at Crow's Nest and administered only by licensed medical staff.

Scheduled medications are dispensed:

- Prior to meals
- Before bedtime

Crow's Nest is stocked with common over-the-counter medications such as Tylenol, Ibuprofen, Benadryl, and antibiotic ointment. Do not send these items to camp.

All prescriptions, inhalers, as-needed medications, and supplements must be processed through CampMeds.

Dietary Supplements, Vitamins, and Protein Powders

Camp Kawaga treats all supplements as medications.

This includes:

- Multivitamins
- Herbal or botanical supplements
- Melatonin
- Probiotics
- Protein powders
- Amino acids
- Performance supplements (peptides, creatine, etc)
- Any over-the-counter product taken for health or wellness purposes

Requirements

All supplements must:

1. Be listed on the camper's Health History Form
2. Be approved in advance of the summer
3. Include documentation from both:
 - A parent
 - A licensed healthcare provider (physician, PA, or NP)
4. Be processed and pre-packaged through CampMeds

Supplements brought to camp outside of the CampMeds system, including in original containers, individual packets, or unlabeled bags, will not be administered.

Undisclosed supplements will be secured and held until the end of the session.

Non-Compliance

Supplements, medications, or powdered products that:

- Are not disclosed on health forms
- Are not processed through CampMeds
- Arrive at camp without proper documentation

will result in a \$500 non-compliance fee.

This policy is not discretionary.

Undisclosed medications and supplements create significant medical and regulatory risk and disrupt the medication system we have in place to protect all campers.

We strongly encourage families to review this section carefully and contact us with any questions prior to arrival.

