

# **Healthcare and Medication Information**

The health and safety of our campers is our top priority! Our Health Center, known as *Crows Nest*, includes a licensed Nurse Practitioner and several other RN's. In addition to our on-site care team, we also have 24/7 access to several licensed, Board Certified Physicians. We are 5 miles from the nearest hospital and health clinic; <u>Howard Young Medical Center</u>, and <u>Marshfield Clinic</u>, and have an excellent partnership with several local specialists (i.e. dentist). Our medical team can be reached anytime at nurse@kawaga.com.

### **General Healthcare**

- The medical team is available and on-call at camp 24 hours a day. If a camper is not feeling well in the middle of the night, a counselor will bring him to Crows Nest for care.
- Designated hours are set aside each day for non-emergencies after breakfast, lunch, and the evening program. If a camper needs outside medical attention, we will take him to a local medical center.
- If you have any health-related questions about your son, or you anticipate your camper needing to see a specialist (i.e. orthodontist) during the Summer, please email <u>nurse@kawaga.com</u> and ask to speak with the nurses. We will contact you directly if your son suffers from an injury or illness requiring anything more than basic medical services or is being scheduled for a visit to the clinic or hospital.
- Campers undergo a routine health check-in by our camp nurses upon arrival at camp, after any camping trip, and again prior to departure.

## **Medication Policy**

In order to meet the needs of our campers who require medication while at camp, and to comply with strict state regulations on medication dispensing for summer camps, we work with **CampMeds**, a pre-packaging medication program. CampMeds has been servicing the camp industry since 2003, providing the convenient service of dispensing, packaging, and shipping medications directly to summer camps.

We REQUIRE all prescription and non-prescription medications to be ordered and dispensed by CampMeds. This includes "as-needed" medications that are not taken daily.

<u>There are no exceptions to this policy</u>. Any failure to comply will result in a **\$500 fee** and may result in our inability to dispense medication to your camper. If you have any questions, please contact us as soon as possible.





#### How to Register with CampMeds

To ensure your child's medication needs are met, please register at <u>www.campmeds.com</u>. **Registration is required each year**, so you will need to complete this process for every camper, every summer.

- Early Registration Fee: \$85 per camper if registered by May 15th.
- Late Registration Fee: \$105 per camper if registered after May 15th.
- First Session and 8-Week Campers: Registration Due by May 16th
- Second Session Campers: Registration Due by June 12th

Prescriptions are **not** required at the time of registration but **must** be submitted **30 days prior** to the start of camp to avoid a late fee and no later than **15 days before the session starts**. Medication lists can be updated after registration if needed.

Please note, CampMeds cannot supply the following medications:

- Auvi-Qs
- Insulin
- Growth hormone injections
- Injectable medications
- Birth control
- Accutane
- Seysara
- Temperature-sensitive medications or supplements (e.g., certain probiotics)
- Hiya or other subscription-based supplements

\*Please reach out to Kawaga's medical team at <u>nurse@kawaga.com</u> to discuss possible options regarding the above medications.

Please notify us via the online Health History Form *AND* register at <u>www.campmeds.com</u> if your son has medication that should be taken at camp. **Any changes to your son's medication after the Form is completed and submitted to the Health Staff must be communicated to us in writing at** <u>nurse@kawaga.com</u>.

If your son requires medication, visit <u>www.campmeds.com</u> to register no later than 30 days prior to the start of the session.

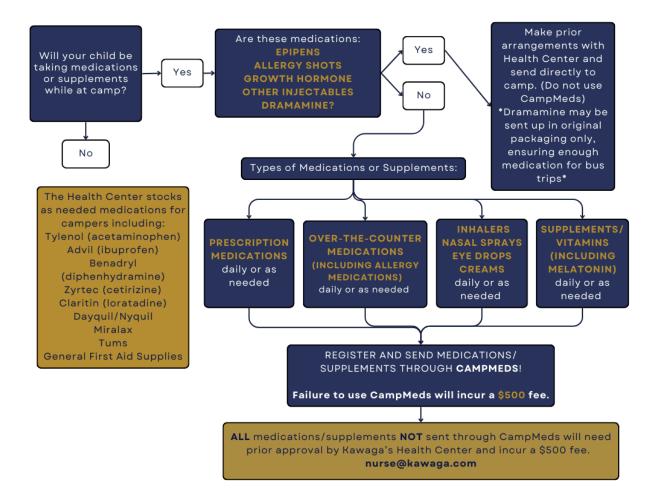
CampMeds will send all pre-packed medications directly to camp once you're registered and have provided the necessary prescription and paid the fee.





## How Medication Is Handled During Camp

- ALL camper medication is kept In Crow's Nest and is administered by the camp nurses.
- Regularly scheduled medication is dispensed prior to meal times and also before bedtime.
- Crow's Nest is well supplied with common over-the-counter medications such as Tylenol, Benadryl, Ibuprofen, antibiotic ointment, etc. Do not send these medications to camp. **All prescriptions, other over-the-counter medication, inhalers, and as-needed medications, must be registered with CampMeds.com.**



## Ticks, Mosquitoes, and Harmful Plants

Our staff is well-trained to identify ticks and reduce exposure to ticks and mosquitos. We also conduct inspections for ticks at times when the boys will be in the woods and on camping trips and these are done by our camp nurses.

