Healthcare and Medication Information

The health and safety of our campers is our first priority! Our infirmary known as Crow's Nest is staffed by 1 full-time Nurse Practitioner and 2 full-time nurses. We are 5 miles from the nearest hospital and health clinic; <u>Howard Young Medical Center</u>, and <u>Marshfield Clinic</u>. Our medical team can be reached anytime at nurse@kawaga.com.

General Healthcare

- The medical team is available and on-call at camp 24 hours a day. If a camper is not feeling well in the middle of the night, a counselor will bring him to Crow's Nest for care.
- Designated hours are set aside each day for non-emergencies after breakfast, lunch, and the evening program. If a camper needs outside medical attention, we will take him to a local medical center.
- If you have any health-related questions about your son, please email
 <u>nurse@kawaga.com</u> and ask to speak with the nurses. We will contact you directly if
 your son suffers from an injury or illness requiring anything more than basic medical
 services or is being scheduled for a visit to the clinic or hospital.
- Campers undergo a routine health check-in by our camp nurses upon arrival at camp, after any camping trip, and again prior to departure.

Medication Policy

In order to meet the needs of our campers who require medication while at camp, and to comply with strict state regulations on medication dispensing for summer camps, we work with CampMeds Inc., a pre-packaging medication program founded by a former camp nurse. CampMeds has been servicing the camp industry since 2003, providing the convenient service of dispensing, packaging, and shipping medications directly to summer camps.

We REQUIRE all prescription and non-prescription medications to be ordered and dispensed by CampMeds. This includes "as-needed" medication that is not taken daily.

There are no exceptions to this policy and any **failure to comply will result in a \$500 fee** and may result in our inability to dispense medication to your camper. If you have any questions, please contact us as soon as possible.

MEDICATION MUST BE ORDERED THROUGH CAMP MEDS BY MAY 15th

- Please notify us via the online Health History Form AND register at
- <u>www.campmeds.com</u> if your son has medication that should be taken at camp. Any changes to your son's medication after the Form is completed and submitted to the Health Staff must be communicated to us in writing at nurse@kawaga.com.
- If your son requires regularly scheduled medication, visit <u>www.campmeds.com</u> to register no later than 30 days prior start of the session.
- CampMeds will send all pre-packed medications directly to camp once you're registered and have provided the necessary prescription and paid the fee.

Camp Meds Fees

Please note there is a cost for this service but this fee goes directly to the CampMeds Pharmacy

- Fees are per camper, not RX, and do not include the cost of medicine.
- Fee for campers attending up to 30 days of camp is \$65 including shipping.
- Fee for campers attending over 30 days of camp is \$75 including shipping.
- THERE IS A \$500 FEE CHARGED TO FAMILIES WHO DO NOT ABIDE BY OUR MEDICATION POLICY. THIS FEE IS CHARGED PER MEDICATION

Camp Meds Registration

- Deadlines: 30 days prior to your camper's Start Date
- A \$50 late fee from CampMeds will be applied if any of the items above are received after deadlines.

How Medication Is Handled During Camp

- ALL camper medication is kept In Crow's Nest and is administered by the camp nurses.
- Regularly scheduled medication is dispensed prior to meal times and also before bedtime.
- Crow's Nest is well supplied with common over-the-counter medications such as
 Tylenol, Benadryl, Pepto Bismol, Sudafed, etc. Do not send these medications to camp.
 All prescriptions, other over-the-counter medication, inhalers, and as-needed
 medications, must be registered with CampMeds.com.
- The ONLY exception to using CampMeds Is for rescue inhalers, Other inhalers or spacers, Epi-Pens, and any medication that needs to be refrigerated.

Ticks, Mosquitoes, and Harmful Plants

We have partnered with a public-health company called Ivy Oaks Analytics for insect, tick, and pest control. Their staff surveys our property to build a perimeter to deter rodents and help us identify where and what types of ticks we have on our property. Prior to campers' arrival, we spray each building, cabin, and surrounding area to protect against harmful insects. Our staff is well-trained to identify ticks and reduce exposure to ticks and mosquitos. We also conduct inspections for ticks at times when the boys will be in the woods and on camping trips.